

A coupon just for you!

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Dad, I need to talk to you.

I want to let you know that on _____, I started my first period. *(Choose only one item)*

- I would like to go for ice cream and talk about it.
- I would like to go for a walk and talk about it.
- I would like to go for a ride and talk about it.
- You, Mom and I could talk about it tonight after dinner.

Or

- I really am not ready to talk about it yet, but will let you know when I am.

I love you Dad, Sincerely _____ Date _____

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